

Shelter in Place food

Food for two people for three days includes:

- ___ 6 gallons of water –use three times:
(cooking > cleaning > flushing)
- ___ 6 canned fruit with pull lids
- ___ 6 canned vegetables with pull lids
- ___ 3 tuna, 3 canned beef, 3 chicken
- ___ 1 jar peanut butter
- ___ 1 box powdered milk
- ___ 12 cookies or energy bars
- ___ 1 box of Graham crackers, pretzels
- ___ comfort food: nuts, candy
- ___ knife, fork, spoon for each
- ___ plastic cup, plate and bowl for each
- ___ plastic bags
- ___ hand sanitizer
- ___ pet food
- ___ medications
- ___

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Instructions:

This box is the size of an orange case and will hold all of the items on the left.

Place this box in the closet closest to your front door or by the entry door of your garage.

Review the freshness of the contents when the time changes.

